

16 km (10 miles)



Level
Easy

Route
1



Castleman Trailway

Terrain:
Gravel tracks, trailways
and tarmac paths

On road: 0%
Off road: 100%

Start:
Potterne Park, Verwood (however
on certain weekends parking can
be limited due to sports matches.
In this event, park at Moors Valley
Country Park and join route
from ②)

OS Ref:
Explorer OL22 095 075



1 Potterne car park

Lat 50°52.039N Long 1°51.928W

2.56km / 1.5 m to next point

From the car park follow the track that runs between the sports centre and the football pitches and on to the five bar gate. Once past this gate you are now in *Moors Valley Country Park*.

Follow the track round a few bends past a bridge. You need to ride straight on following the gravel track. Very soon you will see the *golf course*. Follow the tarmac path straight on. This pink tarmac path goes through the golf course. Follow it all the way round, crossing one boardwalked section and on to another zigzagged boardwalk section.

As you come off this section of boardwalk turn **R** over the bridge and follow the pink pathway to the front of the golf shop. Turn **L** and follow bridlway sign. Cycle up here (watching out for golfers teeing off from the left and right) until you get to junction.

If you are starting from Moors Valley Country Park, cycle past the Cycle Hire Centre and car park, along the gravel track with the golf course on your left, past the first track on the right until you come to the bridlway junction. Turn R onto bridlway and follow instructions from 2.

2 Bridlway / track junction

Lat 50°51.301N Long 1°50.805W

2.8km / 1.7m to next point

Go straight over the junction and follow the gravel bridlway for 1.5 km until you get to a track junction. Turn **R** here (signposted *Tree Top Trail*) and continue on for just under a kilometre to a wide gravel track on the left where you will see a wooden sign pointing you to the *Castleman Trailway*.

Follow this down but do not go round to the **R** as the track bends, continue straight on (very short sandy section here) to the bottom and then straight over to the entrance gate to the *Castleman Trailway*.

3 Castleman Trailway / Moors Valley entrance

Lat 50°50.551N Long 1°50.245 W

3Km / 2m to next point

Turn **R** here and follow this old railway line down to the road. There is a purpose built toucan crossing that takes you across the road.

Once over follow this straight trailway for 3km. The route here is an out and back section so go down as far as you like before turning round. The measured distance of the route takes you as far as the pylons at *West Moors Plantation* on the trailway.

4 West Moors / trailway intersection

Lat 50°49.479 N Long 1°52.400 W

4.8km / 3 miles to next point

Return back, crossing the road and back along trailway to the entrance of *Moors Valley*.

N.B you can continue straight on here and the trailway takes you to Ringwood via an underpass (3.5km / 2.2m).

From the *Moors Valley* entrance follow the track straight up the hill and carry on past the first left track and then turn next **L** following signs to the *Visitor Centre*.

Go along to the end and just before the green gate is a small earthy track to the right. Take this onto the tarmac then turn **R** and follow towards the *Visitor Centre*. At the small zebra crossing, just past the *Go Ape* hut, turn **R** and follow round through car park to junction, *Picnic area* is on your right.

5 Moors Valley Visitor Centre

Lat 50°51.048N Long 1°50.976N

2.8km / 1.75m to finish

Turn **R** here and follow the track along and continue cycling with the golf course on your left. Carry on to a track on the left where there is a bench and a post with a pink ring around it.

Take this track and follow it to the bottom, go **L** over the small bridge and then straight away **R** over the next one.

Follow this pink tarmac pathway around the lake, over one bridge and **L** over the next one. Once over the bridge turn **R**. Follow this back to *Potterne car park* and the finish.

Rest Stops:

Moors Valley Visitor Centre
Busy Bee Cafe, Ashley Heath
West Moors - Pubs and Cafes

Places and things of Interest:

📍 *Moors Valley Country Park*

For information 📍, contact the *Tourist Information Centre*, details on back page of folder.

Links to other cycleways, byways:

Castleman Trailway runs from *Poole* to *Brockenhurst*

Abbreviations:

L - Left **R** - Right

Route Profile - This representation of the route should be used only as a guide.

